PCSST
Paterson Charter School for Science & Technology
Est. 2002

Central Office
196 W. Railway Ave. Paterson, NJ 07503
(973) 750-4401
www.pcsst.org

Parents/Guardians of PCSST:

Our Health and Physical Education team takes your child's health seriously. Health education classes teach important skills and provide instruction on:

- Personal growth and development
- Parenting and pregnancy
- Emotional health
- Social and Sexual health
- Community Health Services and Support
- Movement skills and Concepts
- Physical Fitness
- Lifelong Fitness
- Nutrition
- Personal Safety
- Health Conditions, Diseases and Medicines
- Alcohol, Tobacco and other Drugs
- Dependency, Substances Disorder and Treatment

At PCSST our department requires the equivalent of one marking period of comprehensive health education for all grade levels. As per NJDOE health education will include lessons relating to sexual education and human growth and development. Through these lessons, the following topics may be addressed:

- Biological Male and Female Anatomy
- Reproduction
- Teen Pregnancy
- Sexually Transmitted Infections
- HIV/AIDS
- Abstinence
- Contraception Options
- Consent/Sexual Assault Reporting

The standards provide a blueprint for curriculum development, instruction, assessment, and reflect the latest research for effective health and physical education programs. The primary focus of the standards consists of the development of concepts and skills that promote and influence healthy behaviors. Please see the link below for more information regarding the standards.

https://www.nj.gov/education/standards/chp/

Parents/guardians can choose to have their children excluded from the social and sexual health unit (including HIV/AIDs/STI), as well as the pregnancy and parenting units. If you would like to opt-out your child, please complete and return the lower portion of this form to your child's health teacher. Please do not hesitate to reach out with any questions or concerns.

Sincerely,

Edward Ferraro
Paterson Charter School for Science and Technology
Athletic Director and Supervisor of Health and Physical Education.
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☒ **I prefer that my child, _____, not participate in learning about the social and sexual health, pregnancy and parenting units and be provided with an alternative assignment.**

Parent/Guardian Name: _____ Signature: _____

Health Teacher:_____ Phone Number:_____